



Date: 22-09-25

Circular-QCS/2025/192

Dear Parents,
Greetings from Queen's Carmel School!

At Queen's Carmel School, we place the utmost importance on nurturing the holistic development of every child—academically, emotionally, and physically. A strong foundation of health and wellness is essential for learning, growth, and overall well-being.

In line with this commitment, the school, in association with our esteemed health partner **Health Set Go**, will be conducting a **Comprehensive Health Assessment** for all students as per the schedule below:

- **Dates:** **Wednesday, 24th September 2025**- Grades: Playschool to Grade III
Thursday, 25th September 2025- Grades: IV to IX
- **Timings:** During School Hours
- **Scope of Assessment:**
 - ENT (Ear, Nose & Throat)
 - Dental
 - General Physical Health
 - Eye Examination

Key Points to Note:

- Parents are kindly requested to ensure their ward's presence on the scheduled days.
- A detailed mail from **Health Set Go** with further instructions will be shared with you by the end of the day.
- The assessment reports will be securely shared on your **registered email ID** within 48 hours of completion.
- Upon completion of the assessment, you will receive an email with a **unique activation code** to access your child's personalized health report securely through the HealthSetGo App.
- All health records will be maintained with strict confidentiality.
- Students are also covered under Health Set Go's insurance, with details accessible through the HSG App.

We greatly value your cooperation and support in this initiative, which aims at safeguarding and enhancing the well-being of our children. Together, let us foster a culture of health awareness and preventive care for our students.

Warm Regards

Sandhya Kumaria

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